

## 2022 Candle Lighting - Grateful

Lecturer - Lights candle then shares:

As we are entering another year of uncertainty regarding the Corona Virus Pandemic, it seems to me it is a time for reflection. What have we been through? I'm sure many of us have been touched by this horrible situation. How has this pandemic affected the way we live our lives? Many have been pretty much home-bound to protect ourselves and those around us. As we ponder these questions, perhaps subconsciously we have taken the time to think about what is important in our lives. What is our viewpoint about the way we approach each day? Are you positive or do you dwell on the negative? I believe we have much to be grateful for. Let's consider the following quotes.

Reader #1 - Lights candle then shares:

"When you arise in the morning, think of what a precious privilege it is to be alive—to breathe, to think, to enjoy, to love — then make that day count!"  
— **Steve Maraboli**, *Life, the Truth, and Being*

Reader #2 - Lights candle then shares:

"Gratitude is the healthiest of all human emotions. The more you express gratitude for what you have, the more likely you will have even more to express gratitude for." —**Zig Ziglar**

Reader #3 - Lights candle then shares:

Appreciation can make a day—even change a life. Your willingness to put it into words is all that is necessary." —**Margaret Cousins**

(Lecturer could ask members to share their thoughts on these quotes – how they relate to your personal life or to your Grange life.)